

APPENDIX A: Program Information

1. Name of program: Alateen
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Youth volunteer to attend _____

- What are the eligibility requirements? Check all that apply.
- | | |
|------------------------------------|--|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input type="checkbox"/> Gender | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input checked="" type="checkbox"/> Other: Volunteer to attend |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
 8. What is a "successful" completion? Youth participation _____

 9. Who decides success or removal from the EBP?
 - a. Name: Probation staff or program provider
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Group supervision _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Program coordinator

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Completion of the program _____

14. Who provides supervision for the delivery and fidelity of the program? _____

Program coordinator

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Alcohol Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Programs are offered to all youth

5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
- a. Name: Presenter or Unit Officer
- b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
Class room set-up Distribution of materials
Program scheduling Class management
11. Who oversees directly the potential for abuse of power?
- a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)
- b. Title: _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? HHS/County of SD-Public Health Dept.
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health
14. Who provides supervision for the delivery and fidelity of the program?
Quality Assurance Nurse Assurance Nurse
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Anger Management Program
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Programs are offered to all youth

5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
- a. Name: Presenter or Unit Officer
- b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
Class room set-up Distribution of materials
Program scheduling Class management
11. Who oversees directly the potential for abuse of power?
- a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)
- b. Title: _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? HHS/County of SD-Public Health Dept.
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health
14. Who provides supervision for the delivery and fidelity of the program?
Quality Assurance Nurse Assurance Nurse
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Alcohol and Other Drug Wellness _____
2. Is this program evidence based? x Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
Youth in various units(male) need substance Abuse services

What are the eligibility requirements? Check all that apply.

<input checked="" type="checkbox"/> Age	<input checked="" type="checkbox"/> Charge Type/Severity
<input checked="" type="checkbox"/> Gender	<input type="checkbox"/> Behavior
<input checked="" type="checkbox"/> Diagnosis	<input type="checkbox"/> Other: _____

5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? _____

6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
Disruptive behavior

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No

8. What is a "successful" completion? Once all subjects (6-8) are covered. Relapse triggers individual sessions.

9. Who decides success or removal from the EBP?
- a. Name: Brisa Hughes, Angel Moyeda
- b. Title :Juvenile Recovery Specialist

10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
Training officer schedules sessions Group supervision when needed

11. Who oversees directly the potential for abuse of power?
- a. Name: Christopher Montoya
- b. Title: San Diego Youth Services Program Manager
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? _____
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
- Certified JRS _____ CAADAC Certification _____
- _____
14. Who provides supervision for the delivery and fidelity of the program? _____
- : Christopher Montoya San Diego Youth Services Program Manager
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Curriculum-Based Motivation Group_____

2. Is this program evidence based? Yes No

3. If yes, how does your facility determine if a program is evidence based? Curriculum-Based Motivation Group is based off of the conversational approach, Motivational Interviewing which is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Curriculum-based Motivation Group is a mandatory program for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Curriculum-based Motivation Group consists of 5 topics, each of which is delivered during a 1 hour session once per week. Youth successfully complete the program once they have attended and participated in all 5 topics.

9. Who decides success or removal from the EBP?

a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

b. Title: Program Manager, Francisco Quinteros _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles? N/A

11. Who oversees directly the potential for abuse of power?

a. Name: Program Manager, Unit Supervisor, Facility Watch Commander

b. Title: Program Manager, Francisco Quinteros _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Second Chance

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

No specific training is required for counselor or therapists to successfully facilitate Curriculum-based Motivation Group. Adherence to the group manual is essential in fidelity of the program delivery.

14. Who provides supervision for the delivery and fidelity of the program? _____

Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dausat, On-Site Licensed Clinician, Antoinette Montgomery

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Domestic Violence Prevention
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Programs are offered to all youth

5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
- a. Name: Presenter or Unit Officer
- b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
Class room set-up Distribution of materials
Program scheduling Class management
11. Who oversees directly the potential for abuse of power?
- a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)
- b. Title: _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? HHS/County of SD-Public Health Dept.
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health
14. Who provides supervision for the delivery and fidelity of the program?
Quality Assurance Nurse Assurance Nurse
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Food Safety Education_____
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based?_____

4. What are the participation requirements?
All youth must attend _____
Must watch food handler video _____

What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: Good personal hygiene
5. Do some youth have leadership or authority over other youth in the program? Yes No
a. If yes, what control do they have over other youth?_____

6. Removal From Program
a. Why would a youth be demoted or removed from the program?
Disruptive behavior _____

- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion?_____

9. Who decides success or removal from the EBP?
a. Name:_____
- b. Title:_____
10. Are officers involved in all or part of the programming? Yes No
a. What are their specific roles?
Group supervision _____
Setup and show video to youth _____

11. Who oversees directly the potential for abuse of power?

a. Name: Probation staff

b. Title: CDPOI or CDPOII _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

14. Who provides supervision for the delivery and fidelity of the program? _____

Kitchen supervisor Sergio Sanchez

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Pet Therapy
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?
All youth participate unless they are a safety issue for others, or for the animals.

- What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: None
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
If they create a safety or security issue. _____

 - b. Are coping skills taught to manage demotion or removal? Not during this program
 - c. Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? N/A This is an ongoing program

9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Provide for safety and security _____

11. Who oversees directly the potential for abuse of power?
- a. Name: Tyra Myles, GRF, Maritza Rodriguez 700 and Sean Scott 100
- b. Title: Unit Supervisors
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? _____
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
- The San Diego Humane Society certifies the animals and their handlers for Pet Therapy
- _____
14. Who provides supervision for the delivery and fidelity of the program? N/A _____
- _____
- a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Reading Legacies
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A

4. What are the participation requirements?
Youth that have younger siblings or younger family member are afforded the opportunity to participate in the program.
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other:-Voluntary
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
A youth would be removed for inappropriate or violent behavior.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? This is a voluntary 1 time session with an option to repeat for youth that have younger siblings or children themselves.
9. Who decides success or removal from the EBP?
 - a. Name: Probation staff and Program provider
 - b. Title: Supervisors, CDPOIIs and CDPOIs and Reading Legacies trained volunteers
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation Staff only monitor security issues.
11. Who oversees directly the potential for abuse of power?
 - a. Name: Probation staff

b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Reading Legacies

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

There is no licensing or credentials, the facilitators are trained volunteers that have passed a background check to enter the facility.

14. Who provides supervision for the delivery and fidelity of the program? The President of Reading Legacies, CEO, Betty Mohlenbrock.

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Seeking Safety _____
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Seeking Safety is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Seeking Safety is a mandatory program for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
 Gender
 Diagnosis
 Charge Type/Severity
 Behavior
 Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Seeking Safety consists of 25 topics, each focusing on an effective coping skill. Youth participate in Seeking Safety program on a weekly basis for 1 hour inside the Bravo unit. The group is an open format and has no end. Successful completion would consist of attending and participating in the group as required while housed inside the Bravo unit.

9. Who decides success or removal from the EBP?

a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

b. Title: Program Manager, Francisco Quinteros _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles? N/A

11. Who oversees directly the potential for abuse of power?

a. Name: Program Manager, Unit Supervisor, Facility Watch Commander

b. Title: Program Manager, Francisco Quinteros _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Second Chance

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

In order to Facilitate Seeking Safety it is required counselors successfully attend and complete a one day training.

14. Who provides supervision for the delivery and fidelity of the program? _____

Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: T-4 Target Trauma Affect Regulation: Guide for Education and Therapy
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? The curriculum is EBT based and followed up with quality assurance and fidelity monitoring.
4. What are the participation requirements?
Once eligibility is determined, youth are presented with a participation agreement, asking them to agree to participate
What are the eligibility requirements? Check all that apply.
 Age Other: Youth are screened for a history of trauma; also no psychotic or conduct disorders, developmental disabilities, UC status, sex offenses, actively self harming behavior, detoxing from AOD, or a release date in less than 2 weeks.
 Gender
 Diagnosis
 Charge Type/Severity
 Behavior
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Refusing to participate in the therapeutic process. Creating a safety or security issue on the unit.
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? Complete a "round" of all four groups as defined by the curriculum
9. Who decides success or removal from the EBP?
 - a. Name: Multi Disciplinary Team
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Reinforce Skills taught in group

11. Who oversees directly the potential for abuse of power?

a. Name: Sean Scott, MFT

b. Title: Supervising Probation Officer

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Bachelor's Degree or above with experience in providing group counseling.

14. Who provides supervision for the delivery and fidelity of the program? _____

Advanced Trauma Solutions is providing fidelity monitoring for a year, including certifying the group facilitators for the delivery of the therapeutic programming.

a. Is that person on-site at the facility? Yes No

The fidelity monitor is not at the facility, however, the facilitator is video recorded during each group, and the video is sent to Advanced Trauma Solutions for review and fidelity monitoring.

APPENDIX A: Program Information

1. Name of program: Tuberculosis Education
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Programs are based on current best practices methodologies and components for each program contain evidence based curriculum material from: SAMHSA.gov., NIMH.gov., CDC.gov., NICIC.gov., OJJDP.gov., sdcounty.ca.gov/hhsa., i.e.
4. What are the participation requirements?
None

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Programs are offered to all youth

5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? They have the opportunity to introduce and elaborate on topics discussed in the program
6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
Safety issues
Serious behavioral issues
- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of one hour program
9. Who decides success or removal from the EBP?
- a. Name: Presenter or Unit Officer
- b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
Class room set-up Distribution of materials
Program scheduling Class management
11. Who oversees directly the potential for abuse of power?
- a. Name: Unit Officers and Cheryl Pacheco (Quality Assurance Nurse with Probation)
- b. Title: _____
12. Is the program contracted out? Yes No
- a. If yes, who holds the current contract? HHS/County of SD-Public Health Dept.
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
PsyD in Psychology B.S. Criminal Justice Admin
M.A. Public Administration B.S. Public Health
14. Who provides supervision for the delivery and fidelity of the program?
Quality Assurance Nurse Assurance Nurse
- a. Is that person on-site at the facility? Yes No