

APPENDIX A: Program Information

1. Name of program: Aggression Replacement Training (A.R.T.)
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Youth receive assessments throughout their time in programming. The program is curriculum based, with a curriculum founded on study results.
4. What are the participation requirements?
Be respectful Show understanding of material
Actively participate in discussions
Complete assignments
What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other:
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Behavior Issues Refusal to participate
Inappropriate conversations/comments
Peer Issues
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Actively participate, show understanding, and complete 10 sessions of programming.
9. Who decides success or removal from the EBP?
 - a. Name: Eirene Rocha and Jessica Cook
 - b. Title: Program Educator(s), MHRS
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

a. Name: Probation Staff

b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? SAY San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

SAY staff must have a bachelor's degree and have prior work experience with at-risk youth. Additional on-going training is required.

14. Who provides supervision for the delivery and fidelity of the program? The SAY San Diego program Manager, Jennifer Johnson.

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Anger Management
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A

4. What are the participation requirements?
All youth must attend an education program once a week.

- What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: All youth must attend
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
A youth would be removed for inappropriate or violent behavior.

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? This is an on-going educational program for every youth in the facility.

9. Who decides success or removal from the EBP?
 - a. Name: Probation staff

 - b. Title: Supervisors, CDPOIs and CDPOIs

10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation Staff facilitate the entire education program

11. Who oversees directly the potential for abuse of power?
 - a. Name: Probation staff

APPENDIX A: Program Information

1. Name of program: Chemical Dependency Program
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A

4. What are the participation requirements?
All youth must attend an education program once a week.

- What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: All youth must attend
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
A youth would be removed for inappropriate or violent behavior.

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? This is an on-going educational program for every youth in the facility.

9. Who decides success or removal from the EBP?
 - a. Name: Probation staff

 - b. Title: Supervisors, CDPOIs and CDPOIs

10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation Staff facilitate the entire education program

11. Who oversees directly the potential for abuse of power?
 - a. Name: Probation staff

APPENDIX A: Program Information

1. Name of program: Criminal Conduct and Substance Abuse (C.C.S.A)
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Youth receive assessments throughout their time in programming to determine learning. The program is curriculum based, with a curriculum founded on study results.

4. What are the participation requirements?

<u>Be respectful</u>	<u>Show understanding of material</u>
<u>Actively participate in discussions</u>	_____
<u>Complete assignments</u>	_____

What are the eligibility requirements? Check all that apply.

<input type="checkbox"/> Age	<input checked="" type="checkbox"/> Charge Type/Severity
<input type="checkbox"/> Gender	<input checked="" type="checkbox"/> Behavior
<input type="checkbox"/> Diagnosis	<input type="checkbox"/> Other:
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?

<u>Behavior Issues</u>	<u>Refusal to participate</u>
<u>Inappropriate conversations/comments</u>	_____
<u>Peer Issues</u>	_____
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Actively participate, show understanding, and complete 10 sessions of programming.

9. Who decides success or removal from the EBP?
 - a. Name: Eirene Rocha and Jessica Cook
 - b. Title: Program Educator(s), MHRS
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

a. Name: Probation Staff

b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? SAY San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

SAY staff must have a bachelor's degree and have prior work experience with at-risk youth. Additional on-going training is required.

14. Who provides supervision for the delivery and fidelity of the program? The SAY San Diego program Manager, Jennifer Johnson

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

- 1. Name of program: Religious Services
- 2. Is this program evidence based? Yes No
- 3. If yes, how does your facility determine if a program is evidence based? N/A

- 4. What are the participation requirements?
Youth are given the choice to attend the programs

What are the eligibility requirements? Check all that apply.

<input type="checkbox"/> Age	<input type="checkbox"/> Charge Type/Severity
<input type="checkbox"/> Gender	<input type="checkbox"/> Behavior
<input type="checkbox"/> Diagnosis	<input checked="" type="checkbox"/> Other:- <u>Voluntary</u>

- 5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A

- 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
A youth would be removed for inappropriate or violent behavior.

- b. Are coping skills taught to manage demotion or removal? Yes No

- 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

- 8. What is a "successful" completion? This is a voluntary program on-going program that is offered to youth weekly.

- 9. Who decides success or removal from the EBP?
 - a. Name: Probation Staff and volunteer staff
 - b. Title: Supervisors, CDPOIIs and CDPOIs and program facilitators

- 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation staff only monitor security issues

- 11. Who oversees directly the potential for abuse of power?
 - a. Name: Facility Watch Commander

b. Title: Facility Watch Commander, Unit Supervisor and Facility Division Chief

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Volunteers in Probation

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

There is no licensing or credentials, the facilitators are trained volunteers that have passed a background check to enter the facility

14. Who provides supervision for the delivery and fidelity of the program? _____

N/A

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Safe Dates
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Youth receive assessments throughout their time in programming to determine learning. The program is curriculum based, with a curriculum founded on study results.
4. What are the participation requirements?
Be respectful Show understanding of material
Actively participate in discussions
Complete assignments
- What are the eligibility requirements? Check all that apply.
- Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: _____
5. Do some youth have leadership or authority over other youth in the program? Yes No
- a. If yes, what control do they have over other youth? N/A
6. Removal From Program
- a. Why would a youth be demoted or removed from the program?
Behavior Issues Refusal to participate
Inappropriate conversations/comments
Peer Issues
- b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Actively participate, show understanding, and complete 10 sessions of programming.
9. Who decides success or removal from the EBP?
- a. Name: Jessica Cook
- b. Title: Program Educator(s), MHRS
10. Are officers involved in all or part of the programming? Yes No
- a. What are their specific roles?
Probation staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

a. Name: Probation Staff

b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? SAY San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

SAY staff must have a bachelor's degree and have prior work experience with at-risk youth. Additional on-going training is required.

14. Who provides supervision for the delivery and fidelity of the program? The SAY San Diego program Manager, Jennifer Johnson.

15.

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Seeking Safety _____
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Seeking Safety is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. Seeking Safety is a mandatory program for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
 Gender
 Diagnosis
 Charge Type/Severity
 Behavior
 Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Seeking Safety consists of 25 topics, each focusing on an effective coping skill. Youth participate in Seeking Safety program on a weekly basis for 1 hour inside the Bravo unit. The group is an open format and has no end. Successful completion would consist of attending and participating in the group as required while housed inside the Bravo unit.

9. Who decides success or removal from the EBP?

a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

b. Title: Program Manager, Francisco Quinteros _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles? N/A

Who oversees directly the potential for abuse of power?

b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

c. Title: Program Manager, Francisco Quinteros _____

11. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

In order to Facilitate Seeking Safety it is required counselors successfully attend and complete a one day training.

13. Who provides supervision for the delivery and fidelity of the program? _____
Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: TCU- Mapping Enhanced Counseling _____

2. Is this program evidence based? Yes No

3. If yes, how does your facility determine if a program is evidence based? TCU-Mapping Enhanced Counseling is used with each youth in individual counseling or small group sessions. TCU-Mapping Enhanced Counseling is listed in SAHMSA's National registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs and counseling sessions. TCU-Mapping Enhanced Counseling is a mandatory program requirement for all youth committed to the Y.O.U. program.

What are the eligibility requirements? Check all that apply.

- Age
- Gender
- Diagnosis
- Charge Type/Severity
- Behavior
- Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program? Yes No

a. If yes, what control do they have over other youth? N/A

6. Removal From Program

a. Why would a youth be demoted or removed from the program?
Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

b. Are coping skills taught to manage demotion or removal? Yes No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No

8. What is a "successful" completion? Upon commitment to the YOU program youth are assessed utilizing the TCU CEST/CTS. Scores from these assessments indicate areas of concern which will be addressed using TCU-Mapping Enhanced Counseling. Successful completion would require youth to complete all TCU-Mapping Enhanced Counseling Modules listed as required to address all areas of concern.

9. Who decides success or removal from the EBP?

a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

b. Title: Program Manager, Francisco Quinteros _____

10. Are officers involved in all or part of the programming? Yes No

a. What are their specific roles? N/A

Who oversees directly the potential for abuse of power?

b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

c. Title: Program Manager, Francisco Quinteros _____

11. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

TCU- Mapping Enhanced Counseling does not require a specific training for counselors, however, adherence to the manuals and understanding of the interventions is essential.

13. Who provides supervision for the delivery and fidelity of the program? _____

Program Manager Second Chance, Francisco Quinteros, Lead Rehabilitation Counselor, Gina Dauzat, On-Site Licensed Clinician, Antoinette Montgomery

a. Is that person on-site at the facility? Yes No